

All sizes are for reference only and do not represent product availability

MEN		XS	S	M	L	XL	XXL	XXXL
	Average Height(cm)	5'2"-5'4" (158-163)	5'4"-5'7" (163-170)	5'7"-5'10" (170-178)	5'10"-6'1" (178-186)	6'1"-6'2" (186-188)	6'2"-6'3" (188-191)	6'2"-6'3" (188-191)
	Chest (cm)	34"-36" (87-92)	36"-38" (92-97)	38"-40" (97-102)	41"-43" (104-109)	44"-46" (112-119)	47"-49" (120-125)	50"-52" (127-132)
	Waist (cm)	28" (71)	29"-30" (74-76)	31"-33" (79-84)	34"-37" (87-94)	38"-40" (97-102)	41"-43" (104-109)	44"-45" (112-115)
	Inside Leg (cm)	29" (74)	30" (76)	31" (79)	32" (81)	33" (84)	33.5" (86)	33.5" (86)

All metric measurements are in cm and have been rounded to the nearest 0.5cm

WOMEN	UK	8	10	12	14	16	18	20
	USA	4	6	8	10	12	14	16
	EURO	34	36	38	40	42	44	46
	Bust (cm)	31.5"-32.5" (80-83)	33"-34" (84-87)	35"-36" (89-92)	36.5"-37.5" (93-96)	38"-39" (97-99)	40"-41" (102-104)	42"-43" (107-109)
	Waist (cm)	25"-26" (63-66)	26"-27" (66-69)	28"-29" (71-74)	30"-31" (76-79)	32"-33" (81-84)	34"-35" (87-89)	36"-37" (92-94)
Hips (cm)	34.5"-35.5" (88-91)	36"-37" (92-94)	37"-38" (94-97)	39"-40" (99-102)	41"-42" (104-107)	43"-44" (109-112)	45"-46" (114-117)	

Sizes based on the average height of 5'4"-5'6" (163-168cm) and the average inside leg of 30"-32" (76-81cm)

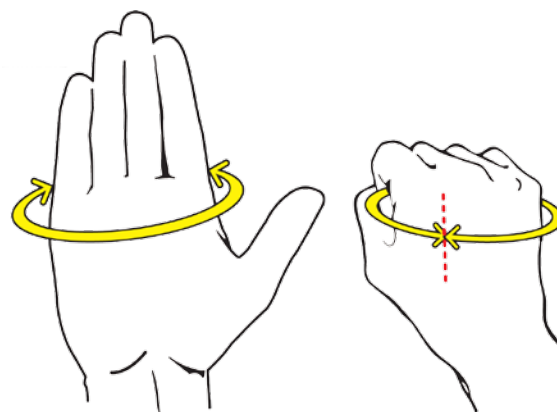
JUNIOR	Size Age(Years)	JS (8-9)	JM (10-11)	JL (12-13)
	Height (cm)	4'2½"-4'5" (128-134)	4'7"-4'9½" (140-146)	5'0"-5'2" (152-158)
	Chest (cm)	25"-26" (64-66)	27"-28.5" (69-72)	30"-32.5" (76-83)
	Waist (cm)	22.5"-23" (57-59)	24"-25" (61-64)	25"-27" (64-68)

FOOTWEAR	Euro	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48
	UK and Australia	1	2	2.5-3	3.5	4	5	5.5	6.5	7.5	8	9	9.5	10.5	11	12	13
	US Men	1	2.5	3	4	5	6	7	7.5	8	9	10	10.5	11	12	13	14
	US Women	3	4	5	6	7	8	9	9.5	10	11	12					

Manufactured in Euro sizes

GLOVES	Gloves	Spring	Summer	Autumn	Winter	Wear	Recommended Use
	Deckhand	•	•			Good	Dinghy Sailing/Inshore Cruising
	Championship	•	•			Tough	Dinghy Sailing/Inshore Cruising
	Championship Woman's	•	•			Tough	Dinghy Sailing/Inshore Cruising
	Three Seasons	•	•	•		Good	Dinghy Sailing
	Extreme				•	Very Tough	Inshore and Offshore Racing
	Neoprene				•	Good Dinghy	Sailing/Inshore Cruising
	Helmsman				•	Good	Inshore and Offshore Racing
	Pro	•	•	•	•	Very Tough	Dinghy Sailing/Inshore and Offshore Racing

GLOVES		Sizes	Measurements in inches	Measurements in centimeters
	Child	Child	6"	15
	Junior	Jnr	6" - 6.5"	15 - 16.5
	Women's	S	6.5"	16.5
	Women's	M	6.5" - 7"	16.5 - 17.5
	Women's	L	7" - 7.5"	17.5 - 19
	Men's	XS	6.5" - 7"	16.5 - 17.5
	Men's	S	7" - 7.5"	17.5 - 19
	Men's	M	7.5" - 8.5"	19 - 21.5
	Men's	L	8.5" - 9.5"	21.5 - 24
Men's	XL	9.5" - 10.5"	24 - 26.5	
Men's	XXL	10.5" - 11.5"	26.5 - 29	



Gloves are most commonly sized according to width. To determine your size, it is recommended to measure the dominant hand (e.g. the right hand if you are right handed) as this will typically be larger.

Using a tape measure, wrap the tape around the hand just below knuckle (the widest point) and make a fist.

4914	Size	Chest (cm)	Weight (kg)	Buoyancy (Newtons)
	L	105-115	>70	50
	M	92-102	60-70	45
	S	86-96	50-60	40

4915	Size	Chest (cm)	Weight (kg)	Buoyancy (Newtons)
	XL	116- 127	>70	50
	L	106-116	>70	50
	M	92-106	60-70	45
S	86-96	50-60	40	

4916 & 4917	Size	Chest (cm)	Weight (kg)	Buoyancy (Newtons)
	XXL	126	>70	50
	XL	116	>70	50
	L	106	>70	50
	M	96	60-70	45
	S	91	50-60	40
	Youth	86	40-50	40
Child	81	30-40	35	