

Thank you for your interest in Seattle Sailing Club's 2022 Race Programs! We are anticipating a fun, full season this year and we're excited to have you along. We offer a variety of opportunities in racing and invite you to start your journey into the world of racing or continue your racing adventures.

## Racing Program Q & A Session (Zoom) - Thursday, February 24th @ 5:30pm - [Sign-Up Here](#)

- Review the Racing Program Information
- Write down your questions pertaining to the information
- If you're available, join our live Q&A about the programs.
- If you are NOT available, send your questions to [info@seattlesailing.com](mailto:info@seattlesailing.com) for us to answer during the live Q&A.
- A recording of the Q&A will be available within 24-hours after the meeting.

## Race Program Requirements for New & Returning Racers

- **Review 2022 Racing Program Information (this packet)**
- Review and complete the [Racer Release & Indemnity Waiver](#)
- Complete a [2022 Racer Interest Form & Upload COVID-19 vaccination record](#)
- Submit registration payment (when requested)
- Skippers: Crew Overboard Recovery with deployed Spinnaker Clinic
  - An instructor will join your team for 1 practice to run through a COB with a deployed spinnaker. Once you are confirmed as a skipper, the Club will reach out to schedule the practice with you.

## 2022 Updates & News

- **COVID-19 Vaccinations are required for participation.** It is recommended you are "Up-to-date" (with booster) before participating.
  - Proof of vaccination is required. Upload your up-to-date vaccination record to your Racer Interest Form.
  - All programs and crew sizes are subject to change based on yacht club, local and federal government COVID-19 guidelines.
- **Race Committee Opportunities!** This year, the Club will be donating a boat to Ballard Cup to be used for Race Committee on 3 race nights. We are looking for volunteers to join STYC Race Committee on **5/2, 6/27, and 8/15**. Sign-up on this form.
- **Shortage of Race Coaches.** This season we are low on available race coaches and team placement may involve having different coaches on different races. To help mitigate demand for these programs, we request members to be open minded. Run-Your-Own Boat and Member Skippered teams will be given first choice of boats.
- **Tipping is an industry standard.** Like sailing instruction, it is industry standard to tip race coaches at least 10% of the cost of the program.
- **Racer Placement Dates.** Located on the 2022 Racer Interest Form, you will see when to expect your placement.

## Pre-Racing Activities, Clinics, & More - [Register Here](#)

- **Introduction to the Race Rules & Tactics with coach Phil Bylsma (Zoom)** - 3/4, 3/10, 3/18
- **Introduction to Racing Clinic + Fun Race** - 3/20 & 4/3 (Recommended for new racers)
- **Fun Races (Great for practice!)** - 2/27, 3/13, 3/20, 4/3, 4/10, 5/13, 6/10, 7/8
- ASA 111: Asymmetrical Spinnaker Lesson - [See Calendar](#)

## Recommended Reading for All Racers

- [The Racing Rules of Sailing 2021-2024 by US Sailing](#)
- [Understanding the Racing Rules of Sailing 2021-2024 by Dave Perry](#)
- [Navigation Rules & Regulations by USCG](#)

## Recommended Equipment for All Racers

- [Mustang Survival HIT Inflatable PFD with Harness](#)
    - Note: we are not carrying Re-arm kits for these PFDs. Fisheries Supply or West Marine carry them.
  - [Leg Straps for HIT PFD](#)
  - [Sailing Gloves](#)
  - Knee Pads (coming soon to our shop!)
  - [Marine Tool](#)
  - Non-slip/Non-marking deck shoes
  - Captain Jack's Tide & Current Almanac (coming soon to our shop!)
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## EVENING RACE SERIES PROGRAMS

### RACER TYPES & TEAM OPTIONS

#### RACER TYPES

**Roving Racers (available in Ballard Cup, only)** are those who can commit to specific race dates in a series and are open to being on the SAME or DIFFERENT teams.

**Team Racers** are those who can commit to at least 4 of the 6 races in a series on the SAME team.

**Substitute Team Racers** are those who cannot commit ahead of time and would like to be "on-call" to fill-in for absent Team Racers.

#### TEAM OPTIONS

##### **COACHED TEAMS** - New & Intermediate Racers

- Available for Monday, Wednesday, and Weekend Regattas
- Members are organized into teams and assigned an experienced instructor as their race coach.
- The crew will learn advanced sail trim and tactics while learning various positions onboard.
- Placement on a team can be changed after each series if spots on other teams become available.

##### **MEMBER SKIPPED TEAM** - New & Intermediate Racers

- Available for STYC Ballard Cup on Mondays.
- New crews and returning racers who would like some guidance while building their skills.
- Those interested will be placed on a team with a member skipper and other members as crew. The experience level of the skipper and crew may vary and this gives all participants the opportunity to expand their racing experience.
- Members are expected to commit to a complete series before requesting to change teams.

##### **RUN-YOUR-OWN-BOAT PROGRAM (RYOB)** - Experienced Racers

- Available Mondays or Wednesdays (depending on boat availability)
- RYOB program gives experienced racers the opportunity to reserve a J/80, or J/105 all season.
- Members put together their own crew made up of family, friends, or other Club members. This program is the closest to racing your own boat, without the hassle of boat ownership.
- Race Entry Fees (yacht club) and Club (SSC) Race Fees are paid by the skipper of the team.
  - Race Entry Fees for Ballard Cup are \$35 per series without a STYC membership and \$25 per series with a membership.

## STYC Ballard Cup - Monday evenings 5:00-5:30pm to 8:30pm

One race each night, set marks, some short distance racing

- Monday Night Series hosted by Sloop Tavern Yacht Club
- Racing for all experience levels
- Available boats: J/80s, J/105s, and possibly a C&C 27
- **Racer Types:** Roving Racer, Team Racer, or Substitute Racer
- **Team Options:** Coached, Member Skippered, Women's teams, or Run-Your-Own-Boat (per boat availability).
- Relaxed, fun, and educational

### COMMITMENT & SIGN-UP REQUIREMENTS

- Review and complete the [Racer Release & Indemnity Waiver](#)
- Complete a [2022 Racer Interest Form & Upload COVID-19 vaccination record](#)
- Submit registration payment (when requested)
- RYOB teams are required to commit to all 3 series. Skippers pay and register with the yacht club.

### STYC Race Committee Opportunities - 5/2, 6/27, 8/2 - 4:30pm meet-up

A fun experience for all! This year, the Club has volunteered to host a Race Committee Boat on 3 different Ballard Cup evenings. This is a very low-key, fun way to be involved and meet other people! It is also a great learning experience.

- STYC Race Committee representative will be on board directing and training our volunteers
- All experience levels are welcome!
- Totally free of cost!
- Experience racing from another perspective
- Help-out the Yacht Club that puts on these awesome Spring/Summer series!
- Review [STYC's General Sailing Instructions](#) for a head start

#### SERIES DATES (BALLARD CUP)

Pre-Season Practices	SERIES 1	SERIES 2	SERIES 3
3/14, 3/21, 3/28, 4/4	4/11, 4/18, 4/25, 5/2, 5/9, 5/16	5/23, 6/6, 6/13, 6/27, 7/11, 7/18	7/25, 8/1, 8/8, 8/15, 8/22, 8/29

#### RACE FEES (BALLARD CUP)

Crew Sizes

J/80s - 4 (1 skipper, 4 crew)

J/105s - 5 (1 skipper, 5 crew)

RACE FEES	COACHING		MEMBER SKIPPERED	
	OLYMPIC CLUB	NW/SJ CLUB	OLYMPIC CLUB	NW/SJ CLUB
1 RACE (Roving Racers)	\$90	\$70	—	—
1 SERIES (Team Racers)	\$400	\$315	\$350	\$260
3 SERIES (10% DISCOUNT)	\$1095	\$845	\$940	\$700
RYOB J/80	---	---	\$3480	\$2640
RYOB J/105	---	---	\$4980	\$4140
RYOB C&C 27	—	—	\$2945	\$2360
SUBS (Substitute Team Racers)	\$60	\$60	\$60	\$60

# CYC Sound Wednesday Series - 5:00pm - 9:00pm

## One-design Buoy Racing, Multiple Starts Each Night

- Wednesday Evening Series hosted by Corinthian Yacht Club
- Best for intermediate and experienced racers.
- Available boats: J/105 & J/80s (if available)
- Competitive, One-Design starts
- Options for Coached Team and RYOB (if available)

## PREFERRED PREREQUISITES

- Racing experience in at least 1 Ballard Cup Series, 1 season preferred (or equivalent series, elsewhere)
- ASA 111: Asymmetrical Spinnaker Handling Lesson preferred

## COMMITMENT & SIGN-UP REQUIREMENTS

- Review and complete the [Racer Release & Indemnity Waiver](#)
- Complete a [2022 Racer Interest Form & Upload COVID-19 vaccination record](#)
- Submit registration payment (when requested)
- Available for 4 of the 5 races in a series.
- If your availability is less, please choose "Substitute Team Racer" to complete the questions below.
- RYOB Skipper Requirements
  - Send a written/emailed request to the Club. Including:
    - Skipper's experience racing and chartering
    - Skipper's spinnaker use experience
    - Individual crew member's experience.
    - Which boat you are requesting to use and for which races.
    - Dates & Times (Monday - Friday only) you and your team are available for the Skipper/Crew Racing Check-out (\$250-\$300)
  - Team is required to commit to all 4 series in the season.
  - Team is responsible for registering with the yacht club.

## SERIES DATES (SOUND WEDNESDAYS)

PRACTICES	SPRING SERIES	INTERIM SERIES	SUMMER SERIES	FALL SERIES
3/23, 3/30, 4/6, 4/13	4/20, 4/27, 5/4, 5/11, 5/18	5/25, 6/1, 6/8, 6/15, 6/29	7/6, 7/13, 7/20, 7/27, 8/3	8/10, 8/17, 8/24, 8/30, 9/7

## RACE FEES

Crew Sizes

J/80s - 4 (1 skipper, 4 crew)

J/105s - 5 (1 skipper, 5 crew)

RACE FEES	COACHING		RYOB	
	OLYMPIC CLUB	NW/SJ CLUB	OLYMPIC CLUB	NW/SJ CLUB
1 SERIES	\$420	\$325	—	—
4 SERIES (10% DISCOUNT)	\$1520	\$1170	—	—
RYOB J/80	—	—	\$5000	\$4100
RYOB J/105	—	—	\$5500	\$4600
SUBSTITUTES	\$60	\$60	—	—

## REGATTA COACHING PROGRAM

Our regatta race programs give racers who have participated in at least 1 race series (or prior experience) the opportunity to experience One-Design class racing with coaching from one of our experienced instructors. Some of the regattas are multiple days - those who are available for all days of the race will have prioritized team placement before those choosing single days. There are tons of fun regattas throughout the year!

### PREFERRED QUALIFICATIONS

- Review and complete the [Racer Release & Indemnity Waiver](#)
- Complete a [2022 Racer Interest Form & Upload COVID-19 vaccination record](#)
- Submit registration payment (when requested)
- Experience racing in past Regatta Race Programs or CYC Sound Wednesdays
- ASA 111 Asymmetrical Spinnaker Handling lesson (preferred)

### 2022 COACHED REGATTA SCHEDULE

CYC CENTER SOUND SERIES	CYC PUGET SOUND SPRING REGATTA	SYC TRI-ISLAND REGATTA (short)	CYC J/Fest	TransPuget (SBYC)
March 5th, 19th, April 2nd	April 16th, 17th	April 30th, May 14th, June 4th	June 11th, 12th	August 20th

CYC-Edmonds FOUL WEATHER BLUFF	CYC PUGET SOUND SAILING CHAMPS.	SYC GRAND PRIX	SBYC SNOWBIRD SERIES* *20% off for this series
October 1st (Edmonds)	October 8th, 9th	October 21st, 22nd, 23rd	Nov. 19, Dec. 10, Jan 14th, Feb & March 2023 TBD

### REGATTA RACE FEES\*

- \*Prices are subject to change if Yacht Club's COVID-19 crew restrictions change.
- Discounts apply to races in the same series or regatta only.
  - i.e. Snowbird has 5 races, so the 5 day race discount applies to members signing up for all 5 races in that series.
- **Race Fees Include:** instructor/coach fees, the cost of the daysail, insurance, administrative coordination, equipment upgrades, upkeep/replacement of sails, as well as yacht club registration fees.

RACE FEES	OLYMPIC CLUB	NW CLUB	SJ CLUB
	5% discount 2+ days	10% discount 2+ days	15% discount 2+ days
1 Day	\$288	\$230	\$213
2 Days	\$546	\$414	\$362
3 Days	\$820	\$621	\$543
4 Days	\$1,093	\$828	\$723
5 Days	\$1,366	\$1,035	\$904

## NEW! MEMBER SKIPPED REGATTA PROGRAM

Our Member Skipped Regatta program is the next step towards Run-Your-Own-Boat for skippers and for crew, this is a great stepping stone for CYC Sound Wednesdays or further regatta racing.

Member Skipped Regattas require a member to sign up to skipper and a crew of members organized by the Club. The cost of Yacht Club race entry fees is included in your Club race fee.

### Sign-Up Requirements

- Review and complete the [Racer Release & Indemnity Waiver](#)
- Complete a [2022 Racer Interest Form & Upload COVID-19 vaccination record](#)
- Submit registration payment (when requested)
- Available based on skipper's experience and boat availability.
- Completion of ASA 111: Asymmetrical Spinnaker Lesson or checked out to use spinnakers
- Previous Skippers in at least 1 full Ballard Cup Season
- Previous racing in at least 3 Regattas (Club programs)

Available races for this program:

<b>Blakely Rock Benefit Race 4/19</b>	<b>Women at the Helm 7/23</b>	<b>Pink Boat Regatta (no race fees &amp; registration sponsored by the Club) 9/10</b>	<b>Adventuress Cup 9/17</b>	<b>Women at the Helm Going the Distance 9/24</b>	<b>STYC Iceberg January 2023 TBD</b>
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	<b>Olympic Club</b>	<b>Northwest Club</b>	<b>Seattle J Club</b>
<b>J/80 or J/105</b>	\$260/person/race	\$220/person/race	\$190/person/race

## NEW! RUN-YOUR-OWN-BOAT PROGRAM

The RYOB Regatta program is for racers who have been skippering race teams in Club programs and are ready to take on regattas with their own organized crew. Crews can consist of Members or Non-Members - the skipper is responsible for organizing their own crew. Skippers are also required to pay their own race entry fees for registering their boat in each race.

### Sign-up Requirements:

- Send a written/emailed request to the Club. Including:
  - Skipper's experience racing and chartering
  - Skipper's spinnaker use experience
  - Individual crew member's experience.
  - Which boat you are requesting to use and for which races.
  - Dates & Times (Monday - Friday only) you and your team are available for the Skipper/Crew Racing Check-out (\$250-\$300)
- Approval from the owner of the boat along with approval from the owner of the Club.
- Completion of ASA 111: Asymmetrical Spinnaker Lesson
- Previous Skippers in at least 1 full Ballard Cup Season
- Previous racing in at least 3 Regattas (Club programs)
- Each individual on the team is required to complete a [Racer Release & Indemnity Waiver](#).

# 2022 OVERNIGHT & WEEKLONG RACE SCHEDULE

## SWIFTSURE INTERNATIONAL RACE - MAY 27th - 30th

Seattle Sailing Club is sending J/105 Puff with skipper Steve Summers (+ 1 other instructor TBD) up to the annual Swiftsure International Yacht Race! With the Northwest's J/105 fleet ever-increasing, the fleet has its own One-Design Start. We'd like to invite 5 SSC members to join Steve as crew for this exciting international, overnight race.

\*If the 2022 Swiftsure Race is canceled, Plan B is to participate in Sloop Tavern Yacht Club's Round the Sound Overnight race the weekend before: May 21st-22nd. We will keep you in the loop if there are any changes to Swiftsure.

### RACE BOAT DELIVERIES (FREE, at least 2 crew)

- Available from Shilshole to Victoria May 26th-27th
- Available from Victoria to Shilshole May 30th-31st

### QUALIFICATIONS TO RACE

- CYC Sound Wednesday / Regatta experience (preferred)
- Confirm your participation and pay race fees by **April 17th**
- Book your sleeping accommodations in Victoria, B.C.
- Plan your provisioning for the weekend
- Review Swiftsure's [Notice of Race](#)
- Shop for any required equipment you don't already have (list below)
- Valid passport for entrance into Canada and back into the U.S. For COVID Guidelines & Border Crossings:
  - Install ArriveCAN - [for Apple](#)
  - Install ArriveCan - [for Android](#)
- [Racer Release & Indemnity Waiver](#) & [2022 Racer Interest Form & Upload COVID-19 vaccination record](#)
- Available all 3 days to race
- Reliable transportation to and from Victoria (if driving, be in Victoria on Friday morning for boat prep)
- **ASA 106 Students/Racers** - In order to do the lesson/racing combo, you will need to take part in at least 1 of the deliveries.
- Take part in the Pre-Race Meeting (date TBD)

### REQUIRED EQUIPMENT

- Life jacket with a harness
- Leg Straps
- Tether
- Whistle
- Waterproof light/strobe

### RACING OPTIONS & PRICING

	OLYMPIC CLUB	NORTHWEST CLUB	SEATTLE J CLUB
<b>Just Racing</b>	\$1540	\$1390	\$1250
<b>ASA 106 + Racing</b> <small>*Prices include textbook, no certs.</small>	\$1750	\$1550	\$1400

# NORTHWEST RACE WEEK (NWRW) - JUNE 20th - 24th

[Learn More About Northwest Race Week](#)

After a successful first year in Anacortes, NWRW is back! Five days of racing, fun, and camaraderie. A combination of mostly buoy racing, with some distance events included featuring themed awards parties after each day of racing. Like Summer Camp for adults.

Seattle Sailing Club is sending J/105 Puff with skipper Steve Summers to Anacortes Race Week. We are looking for 5 crew members each day to participate in this fun week-long race!

**\*\*Racers who are available for all 5 days and 1 or both deliveries get priority team placement.**

## DELIVERY TO ANACORTES (FREE, at least 2 crew)

- Available from Shilshole to Anacortes, June 19th-20th
- Available from Anacortes to Shilshole, June 26th-27th

## QUALIFICATIONS TO RACE

- CYC Sound Wednesday / Regatta experience (preferred)
- Confirm your participation and pay race fees by **April 30th**
- **Review the [Notice of Race](#)**
- [Racer Release & Indemnity Waiver](#) & [2022 Racer Interest Form & Upload COVID-19 vaccination record](#)
- Transportation to and from Anacortes (unless delivering the boat)
- Book your sleeping accommodations in Anacortes - Check camping opportunities in the Notice of Race
- Plan to provision for yourself

## NORTHWEST RACE WEEK \*

\*Prices are subject to change if Yacht Club's COVID-19 crew restrictions change.

RACE FEES	OLYMPIC CLUB	NW CLUB	SJ CLUB
	5% discount 2+ days	10% discount 2+ days	15% discount 2+ days
1 Day	\$288	\$230	\$213
2 Days	\$546	\$414	\$362
3 Days	\$820	\$621	\$543
4 Days	\$1,093	\$828	\$723
5 Days	\$1,366	\$1,035	\$904



## ROUND THE COUNTY - NOVEMBER 11th - 13th

Seattle Sailing Club is sending J/105 Puff with skipper Steve Summers up to the annual Round the County Regatta! The Orcas Island Yacht Club and the Friday Harbor Sailing Club are putting on the Round the County sailboat race. The event will be held in the beautiful and challenging waters of San Juan County Washington. The race is approximately 76 miles with an overnight stop in Roche Harbor on San Juan Island. Due to the great venue, the better winds of November, and the overnight stop in Roche Harbor, the race has become one of the more popular sailing events in the Pacific Northwest. We'd like to invite 5 SSC members to join Steve as crew for this exciting Fall race.

### DELIVERY TO FRIDAY HARBOR (FREE, at least 2 crew)

- Available from Shilshole to Anacortes November 10th-11th (depending on weather window)
- Available from Anacortes to Shilshole November 14th-15th (depending on weather window)

### QUALIFICATIONS TO RACE

- [Racer Release & Indemnity Waiver](#) & [2022 Racer Interest Form & Upload COVID-19 vaccination record](#)
- CYC Sound Wednesday / Regatta experience (preferred)
- [Racer Release & Indemnity Waiver](#) & Complete Racer interest form / Upload Covid Vax
- Available both days to race
- Be in Anacortes the evening of **Friday, November 11th** for boat preparation.
- Book sleeping accommodations for Friday in Anacortes & Saturday in Roche Harbor. It is a good idea to do this as soon as you are confirmed to race as these areas book up quickly.
- Transportation to and from Anacortes (unless delivering the boat)
- Confirm your participation and pay race fees by September 30th
- Review the Notice of Race (Not available yet, check their [website](#) for updates)
- Plan to provision for yourself

### REQUIRED EQUIPMENT

- Life jacket with a harness
- Leg Straps
- Tether
- Whistle
- Waterproof light/strobe

### ROUND THE COUNTY RACE FEES\*

\*Prices are subject to change if Yacht Club's COVID-19 crew restrictions change.

RACE FEES	OLYMPIC CLUB	NORTHWEST CLUB	SEATTLE J CLUB
	\$1,250	\$1000	\$900

## FRIDAY NIGHT SAILFEST!

It's FINALLY back! Sailfest returns to Shilshole Bay Marina & Seattle Sailing Club! Sailfest is a fun, FREE event hosted by Seattle Sailing Club & Sail Northwest.

**What:** An evening of fun sailboat races for every level of experience. After the races, participants are invited back to the promenade outside of Seattle Sailing Club for free hot dogs, beer, wine, and the famous Sailfest raffle!

**When:** Friday evenings August 5th, 12th, 19th, & 26th @ 6PM.

**Where:** Check-in outside of Seattle Sailing Club @ 6PM for a boat assignment and a PFD. Head down to the boats to meet your skipper and the rest of your crew.

**Who:** Everyone is invited to participate in this event! We encourage boat owners to take their boat out to race and come back for our shoreside extravaganza. This is a hugely popular event and we have to cap the number of participants (who are going out on our boats) based on the number of volunteer skippers.

### PARTICIPANT REQUIREMENTS

**Each participant will need to complete a Member Program Waiver and Upload their COVID vaccination record on the Waiver. Note: The waiver is only emailed to the person who registers. Please forward the email to your guests for completion.**

### Looking for Volunteers

This summer we are looking for volunteers to help us run each Friday evening in August! From set-up, check-in, clean-up, cooking hot dogs and beverage serving/pouring, we could use an extra hand or 2. Let us know if you are interested in helping us out, let us know on your Racer Interest Form!

### SKIPPERS NEEDED

As much as we would like to be able to invite everyone to be crew, we cannot run the event without members volunteering to skipper.

Registration is mandatory for ALL guests, members, and students. Along with registration, each guest is required to complete a Release & Indemnity Form as well as provide proof of vaccination.

### GUEST LIMITS

- Crew are limited to 1 Guests
- Skippers are limited to 2 Guests, if you would like to bring more, please reserve your own SSC boat and include in the Title "Sailfest". If you have room for extra crew you want us to throw your way, include in the Title, "Sailfest - 2 Crew Spots Available"
- Sailfest is a great way to practice your skippering skills and SSC staff will be present before and after the race to help with docking.